

Forward Motion Dance Company, Inc., is a Wilmington, NC, based non-profit 501(c)(3) dance organization whose mission is to provide local and regional communities with quality modern contemporary dance and education in the art of dance, as well as enhance the local arts community by providing performance opportunities for area dancers and performance artists.

Forward Motion Dance Company has a vision to find innovative ways to bring dance to the community, and cultivate an understanding and love of this art form. The company was founded by dancer and choreographer Tracey Varga in 2001 and incorporated in 2004, although Tracey has been dancing and choreographing in Wilmington since relocating from Seattle in 1996. Forward Motion Dance sponsors and co-sponsors public arts performances such as "Cape Fear Arts in Motion" and "Arts Sensation", and offers education for schools and community organizations including the Snipes Academy of Arts and Design, Wilmington School of Ballet, DREAMS of Wilmington, The Dance Element, The Dance Cooperative, and the YWCA Lower Cape Fear.

Forward Motion Dance Company is a volunteer organization, and wishes to thank all those who donate their valuable time for rehearsal, performance, production, collaboration and fundraising efforts. The Board of Directors is Chantay Allen, Mary Scott Bethune, Diane Evers, Becky Spivey, Kristin Tait, Susan Turner, Elizabeth White, and Company Choreographer and Director Tracey Varga. Company Dancers are Kara Abbott, Ashley Barnes, Savannah Brooks, Nicole Dalier, McCall Milliken, Becky Spivey, Susan Turner, and Jennifer Vahamikos. If you are interested in volunteering, sponsorship, or an opportunity to become a board member, please speak to any member of the company or board.

Forward Motion Dance Company is honored to be a recipient of grants over the years from the Women's Impact Network of New Hanover County, the Arts Council of Wilmington and New Hanover County and the North Carolina Arts Council, the Landfall Foundation, NC Cares for the Arts, and most recently, the American Rescue Plan for the Arts, all to continue our mission to provide collaborative, contemporary dance performances in local venues which highlight the talents of Choreographer Tracey Varga and many wonderful dancers, musicians, and visual and vocal artists.





Events

March 22-23 Wilmington Dance Festival, Kenan Auditorium, Performance

April 26 18th Annual Arts Sensation at Thalian Hall, A Benefit for WARM

August 25 Sunset Cocktail Party, Fundraiser, The Penthouse

September 13-14 Cape Fear Arts in Motion, Thalian Hall, Forward Motion Dance Company Annual

Performance

2020

March 7 Pierre Bensusan, Community Arts Center, Guest performances Dance-a-lorus, Kenan Auditorium Parking Lot, UNCW, Performance November 19

2021

October 17 Peace Through Music Concert, Community Arts Center, Guest performance

November 14 Dance-a-lorus, Thalian Hall Main Stage, Performance

2022

March 3 Pierre Bensusan, Community Arts Center, Guest performances

May 6-7 Wilmington Dance Festival, Kenan Auditorium, Performance

August 28 Cameron Art Museum, Performance

September 9 Enchanting Evening on Edgewater, Fundraiser

September 22-23 Cape Fear Arts in Motion, Thalian Hall, Forward Motion Dance Company Annual

Performance

November 17 Dance-a-lorus, Thalian Hall Main Stage, Performance

2023

February 26 Sunset Cocktail Party, Fundraiser, The Penthouse

April 21 19th Annual Arts Sensation at Community Arts Center, A Benefit for The Good

Shepherd Center

September 21-22 Cape Fear Arts in Motion, Thalian Hall, Forward Motion Dance Company Annual

Performance



www.forwardmotiondance.org 910-232-8151