



**Forward Motion Dance Company, Inc.**, is a Wilmington, NC, based non-profit 501(c)(3) dance organization whose mission is to provide local and regional communities with quality modern contemporary dance and education in the art of dance, as well as enhance the local arts community by providing performance opportunities for area dancers and performance artists.

**Forward Motion Dance Company** has a vision to find innovative ways to bring dance to the community, and cultivate an understanding and love of this art form. The company was founded by dancer and choreographer Tracey Varga in 2001 and incorporated in 2004, although Tracey has been dancing and choreographing in Wilmington since relocating from Seattle in 1996. Forward Motion Dance sponsors and co-sponsors public arts performances such as *Cape Fear Arts in Motion* and *Arts Sensation!*, and offers education for schools and community organizations including the Snipes Academy of Arts and Design, Wilmington School of Ballet, DREAMS of Wilmington, The Dance Element, The Dance Cooperative, and the YWCA Lower Cape Fear.

**Forward Motion Dance Company** is a volunteer organization, and wishes to thank all those who donate their valuable time for rehearsal, performance, production, collaboration and fundraising efforts. The Board of Directors is Mary Scott Bethune, Diane Evers, Stella Johnson, Becky Spivey, Susan Turner, Elizabeth White, and Company Choreographer and Director Tracey Varga. Company Dancers are Kara Abbott, Savannah Brooks, Nicole Dalier, Trilby Shier, Becky Spivey, and Susan Turner. If you are interested in volunteering, sponsorship, or an opportunity to become a board member, please speak to any member of the company or board.

**Forward Motion Dance Company** is honored to be a recipient of grants over the years from the Women's Impact Network of New Hanover County, the Arts Council of Wilmington and New Hanover County and the North Carolina Arts Council, NC Cares for the Arts, the American Rescue Plan for the Arts, and the Landfall Foundation, all to continue our mission to provide collaborative, contemporary dance performances in local venues which highlight the talents of Choreographer Tracey Varga and many wonderful dancers, musicians, and visual and vocal artists.



## ***Events***

### **2020**

- March 7 Pierre Bensusan, Community Arts Center, Guest performances  
November 19 Dance-a-lorus, Kenan Auditorium Parking Lot, UNCW, Performance

### **2021**

- October 17 Peace Through Music Concert, Community Arts Center, Guest performance  
November 14 Dance-a-lorus, Thalian Hall Main Stage, Performance

### **2022**

- March 3 Pierre Bensusan, Community Arts Center, Guest performances  
May 6-7 Wilmington Dance Festival, Kenan Auditorium, Performance  
August 28 Cameron Art Museum, Performance  
September 9 Enchanting Evening on Edgewater, Fundraiser  
September 22-23 Cape Fear Arts in Motion, Thalian Hall, Forward Motion Dance Company Annual Performance  
November 17 Dance-a-lorus, Thalian Hall Main Stage, Performance

### **2023**

- February 26 Sunset Cocktail Party, Fundraiser, The Penthouse  
April 21 19<sup>th</sup> Annual Arts Sensation at Community Arts Center, A Benefit for The Good Shepherd Center  
September 21-22 Cape Fear Arts in Motion, Thalian Hall, Forward Motion Dance Company Annual Performance

### **2024**

- March 24 Sunset Cocktail Party, Fundraiser, The Penthouse  
April 12 Wilmington Dance Festival, Kenan Auditorium, Performance  
April 26 20<sup>th</sup> Annual Arts Sensation at Thalian Hall, A Benefit for Plastic Ocean Project  
September 6 Enchanting Evening on Edgewater, Fundraiser  
September 19-20 Cape Fear Arts in Motion, Thalian Hall, Forward Motion Dance Company Annual Performance



***[www.forwardmotiondance.org](http://www.forwardmotiondance.org)***  
***910-232-8151***